



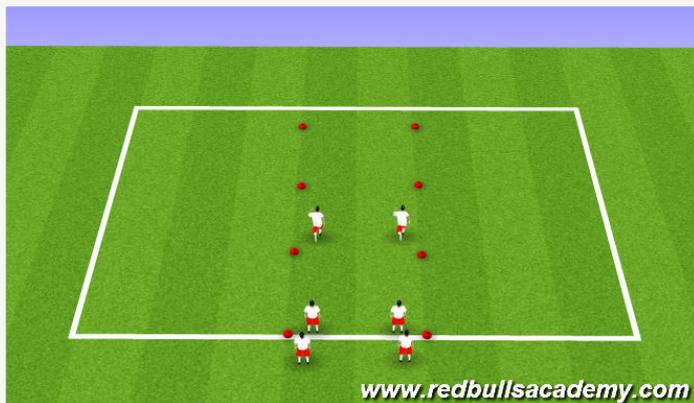
Education Meeting: Combination in wide area: Switching point of attack

Category: Tactical: Combination play
Skill: U12

Pro-Club: Red Bulls New York Academy
David Lako, Raritan, United States of America

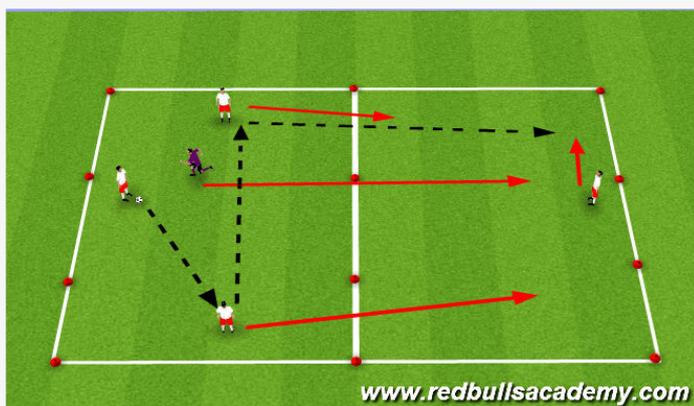
Screen 1 (10 mins)

Organization:
Fifa 11+ Warm up
Instructions:
Coaching Points:
Progressions:



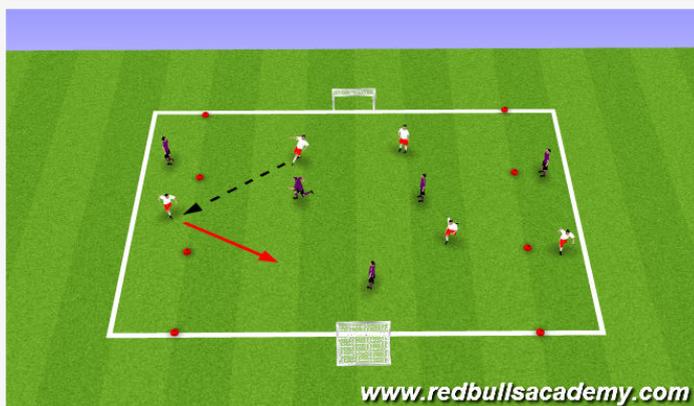
Screen 2 (10 mins)

Organization:
-3v1 or 4v1
-Two boxes, one attacker in the other box.
Instructions:
-After 3 passes can you switch ball to the other box.
-Once ball makes it to other box defender and two attackers join him.
Attackers get a point for every time you can transition ball into other box under control
-If the defender wins the ball they can dribble out of bounds for a point
Play for 1 minute
Coaching Points:
-Head up to see next pass
-Receive on back foot to avoid defender
-Lone attacker should be moving into passing lanes to get open
Progressions:
-Touch Limit
-Pass limit



Screen 3 (10 mins)

Organization:
2v2+ team mates in each channel (8 Players total) or 3v3 +team mates in channels (10 players total)
-Wide channel lanes for a player from each team to be in
Instructions:
-Playing to your goal, 3v3 on field with a wide player each from each team.
-If you play ball into wide area, wing player can come on to field and now it is 4v3, can get to 5v3
-Once possession changes over you immediately go to 3v3
-Channel players cannot defend
Coaching Points:
-Look to get ball out quickly
-Wide players must be ready to move and get onto the field
-be ready to exploit open space when you have a 4v3
-Look for passing lanes
Progressions:
-Play to actual goals with goalies
-Channel players can defend each other



Screen 4 (10 mins)

Organization:

5v5 play

Coaching Points:

Same as before

